

Recordings of this class will be available in the bookstore on CD, on Concordia's Web Site (ConcordiaLutheranChurch.com) as downloadable mp3's, & as a podcast via iTunes. Go to iTunes.com for a free download of the program, and search "Concordia" on iTunes to find the Adult Bible study!

More questions?

Contact Pastor Zach McIntosh at ZachM@concordia-satx.com.

*Join us next week for another...
"Fit for Life!"*

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Fit



for Life



Wholly Fit
Pastor Bob Nordlie
February 7, 2010

**Fit for Life!
Wholly Fit
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John 10:1-11 (NIV)

- **Who's Your Trainer? (John 10:1-2)**

Psalm 80:1-2

Isaiah 40:11

Ezekiel 34:23

Mark 10:17-18

- **Consider Fitness Advice Carefully (John 10:3-6)**

Jeremiah 23:32

Matthew 7:15

Romans 16:17-18

- **Use the Member's Entrance to the Fitness Club (John 10:7-8)**

Matthew 7:13-14

Luke 13:22-25

John 14:6

Ephesians 2:18

Hebrews 10:19-22

- **Fitness Diet (John 10:9)**

John 6:36

Matthew 4:4

Romans 15:4

2 Timothy 3:14-17

- **Fit for the Abundant Life (John 10:10)**

Psalm 68:7

Psalm 23:3

Psalm 23:2

Psalm 23:4

Is. 40:11

Ezek. 34:11

Bios and Zoe.

Luke 12:15

Psalm 23:5

Ephesians 3:20-21

Romans 5:15-18

- **Fit for life by death (John 10:11)**

1 Peter 2:24-25

Isaiah 53:6

Hebrews 2:9

Titus 2:11-14

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