

Fit for Life: Eternally Fit

John 3:1-16

February 14, 2009

FIT for LIFE!

Eternally Fit!

Getting First Things, First!

John 3:1-16

Now there was a man of the Pharisees named Nicodemus, a member of the Jewish ruling council. ²He came to Jesus at night and said, "**Rabbi, we know you are a teacher who has come from God. For no one could perform the miraculous signs you are doing if God were not with him.**" John 3:1, 2

In reply Jesus declared, "I tell you the truth, no one can see the kingdom of God unless he is born again." ...

"How can a man be born when he is old?" Nicodemus asked. "Surely he cannot enter a second time into his mother's womb to be born!"

... ⁵Jesus answered, "I tell you the truth, no one can enter the kingdom of God unless he is born of water and the Spirit. ⁶Flesh gives birth to flesh, but the Spirit gives birth to spirit. John 3:3-6

You should not be surprised at my saying, 'You must be born again.' ⁸**The wind blows wherever it pleases. You hear its sound, but you cannot tell where it comes from or where it is going. So it is with everyone born of the Spirit.**" John 3:7, 8

"How can this be?" Nicodemus asked. ¹⁰"You are Israel's teacher," said Jesus, "and do you not understand these things? ...

¹¹I tell you the truth, we speak of what we know, and we testify to what we have seen, but still you people do not accept our testimony. ¹²I have spoken to you of earthly things and you do not believe; how then will you believe if I speak of heavenly things? ¹³No one has ever gone into heaven except the one who came from heaven—the Son of Man.

... ¹⁴Just as Moses lifted up the snake in the desert, so the Son of Man must be lifted up, ¹⁵that everyone who believes in him may have eternal life. John 3:9-15

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life." John 3:16

What is LOVE? (Kids answer)

Rebecca- age 8: "When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore. So my grandfather does it for her all the time, even when his hands got arthritis too. That's love."

Billy - age 4: "When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth."

Karl - age 5: "Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other."

Chrissie - age 6: "Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs."

Terri - age 4: "Love is what makes you smile when you're tired." Danny - age 7: "Love is when my mummy makes coffee for my daddy and she takes a sip before giving it to him, to make sure the taste is OK."

What is LOVE? (God answers)

This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins. 1 John 4:10